

## **Please Read This Message Carefully**

**There is only pure water (no sugar added) allowed in ALL gymnasiums used for 5 Cities Youth Basketball and Nipomo Recreation Youth Basketball.**

This is not just a request from the league, but a condition by which we are allowed to rent each facility. This rule has been in effect for the last 6 years. The Board is grateful that 90% of people entering the gyms comply with this condition. It is the remaining 10% that make it more difficult for us to run the League. League fees would be much higher due to increased rent if we do not promise to keep all the gyms clean.

We are asking for your cooperation. Coffee is not water, candy gets left in the stands, Gatorade stains the floor, and the stands are not a picnic area for the family to eat dinner. Nobody from the League likes hassling people who choose to ignore these rules. Being a volunteer is hard enough without cleaning the stands of trash every night or mopping up sports drinks that are spilled (by accident) after games.

We, as a board, are thankful that the League has access to the many facilities in the area. Without them, your child would not have a basketball league in which to participate. If people do not comply with the rules, the possible consequences are higher league fees, or there will be a charge to enter the gyms. Nobody wants to go in those directions.

The next time you see or hear of someone putting clear sports drink in a bottle, or see someone bringing food or other non-water items into the gyms, please help us by reminding them that we all pay the consequences for their actions.

Thank you,

The Board of Directors  
Five Cities Youth Basketball

Nipomo Youth Basketball League  
Committee